



Hansen Dam Riding School Rider's Guide Level 1



Level One

Riders who complete Level One testing will have developed safe basic horse handling skills, know the names and uses of grooming tools, and know basic parts of tack and the horse. These riders will also be able to demonstrate a correct riding position and able to control the horse at the walk and beginning trot.

To help prepare for the Level One Test practice and study the following topics while at the barn:

Horsemanship:

- Lead the horse into the crossties and safely secure the horse
- Identify the basic grooming tools and what they are used for
- Demonstrate cleaning a horse's hoof
- Demonstrate currying and brushing a horse
- Identify three parts of the saddle and three parts of the bridle

Riding:

- Demonstrate correct riding position at the walk
- Walk over a pole and demonstrate a two-point position
- Weave in and out of three cones at the walk and then halt between two cones
- Trot the long side of the arena and demonstrate posting

Instructors determine when a rider is ready to test.

Riders must make sure they have a lesson scheduled the weekend of testing.

Horsemanship testing will take place before or after scheduled ride portion.